

## **Patient Compliance**

**Follow the treatment plan.** You must follow the treatment plan developed by your doctor. This has been designed for you to help you achieve your treatment goals. If you choose not to adhere to the treatment plan, Workers Compensations patients will not have any more visits requested once their variance has run out. We will not obtain authorization for other treatments/ procedures for private insurance patients who choose to deviate from the plan set forth by your doctor.

**Follow the directions of your doctor or therapist.** As part of your care you may be given a number of exercises/stretchers to do at home. You may also be given additional instructions that you need to follow through with. Not complying with all of these instructions may negatively affect the outcome of your treatment and recovery.

**Keep your scheduled appointments.** We require 24 hours notice to cancel an appointment. If you need to cancel an appointment with less notice or do not show up for an appointment, it will be considered a no show. 3 no shows result in dismissal from the practice. Emergency situations will certainly be taken into account, please see our cancellation policy for further clarification on this topic.

**Our goal is to return all of our patients to a state of optimal health.  
These guidelines are in place for your benefit.**

**If you violate any of the above guidelines you run the risk of being dismissed from the practice.**

Patient name:

Signature:

Date: