



## Adolescent Intake Paperwork

Name \_\_\_\_\_ Date \_\_\_\_\_  
Insurance: \_\_\_\_\_ Male Female  
Address: \_\_\_\_\_  
Phone# \_\_\_\_\_  
Email \_\_\_\_\_  
Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_  
Social Security #: \_\_\_\_\_ DOB: \_\_\_\_\_  
Parent Name/Phone: \_\_\_\_\_  
Primary Care Dr \_\_\_\_\_

**What are your goals you hope to achieve through treatment?** \_\_\_\_\_

**How did you hear about us?** \_\_\_\_\_

**Chief Complaint:** Give a brief description of the problem(s) you are having: \_\_\_\_\_  
\_\_\_\_\_

Please describe the pain you feel (i.e. burning, aching, stabbing, etc) \_\_\_\_\_

How often do you experience the pain? \_\_\_\_\_

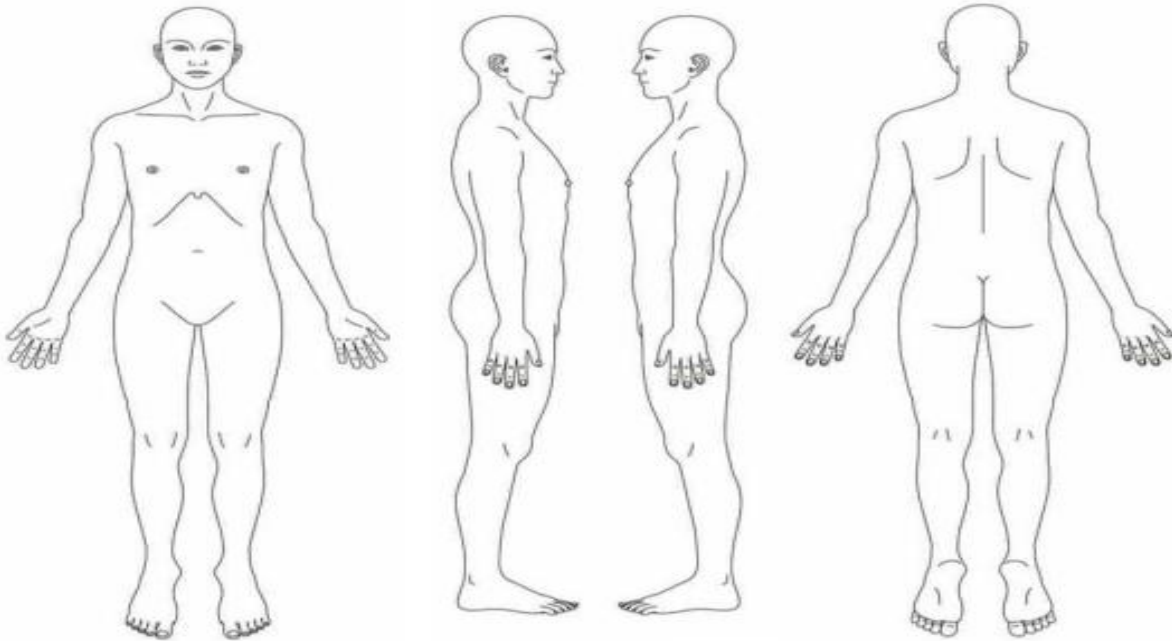
When did this condition begin? \_\_\_\_\_

Is the pain getting Better Worse Staying the same

What seemed to be the initial cause? \_\_\_\_\_

Does your pain interfere with school, extracurricular or social activities? Yes No

Please mark your area(s) of pain on the figure below



Do you take any vitamins? If yes, what? \_\_\_\_\_

Do you take any meds? If yes, what? \_\_\_\_\_

Do you play sports? Yes No

How often? \_\_\_\_\_

What sports? \_\_\_\_\_

Do you dance? Yes No

How often? \_\_\_\_\_

What types of dance? \_\_\_\_\_

How many hours per day are you on your ipad/phone/laptop? \_\_\_\_\_

Do you carry your backpack all day or leave it in a locker? \_\_\_\_\_

How heavy is your backpack? \_\_\_\_\_

Do you play an instrument? \_\_\_\_\_

How often and for how long? \_\_\_\_\_

How often are you carrying your instrument at school? \_\_\_\_\_

How would you describe your energy level? \_\_\_\_\_

How would you describe your sleep habits? \_\_\_\_\_

Have you ever been hospitalized? If yes describe \_\_\_\_\_

Have you ever been in a car accident? If yes describe \_\_\_\_\_

Have you ever had a sports injury? If yes describe \_\_\_\_\_

Do you have issues with constipation or diarrhea? \_\_\_\_\_

Do you have any allergies? If yes, what? \_\_\_\_\_

**Female Health:**

Do you get a period? Yes No Age at which you got your first period \_\_\_\_\_

Describe your periods \_\_\_\_\_

Are they regular? Yes No

Are they painful? Yes No

If yes, describe pain and location \_\_\_\_\_

**Sexual Health:** Do you have any concerns about your sexual health? \_\_\_\_\_

Are you or have you ever been a victim of domestic /sexual abuse? Yes No

**Mental Health:** Do you have any of the following? anxiety ADD/ADHD insomnia depression bipolar mood change behavioral change suicidal thoughts/attempts Do you have pets? If so, what? \_\_\_\_\_

**Social History:** Please indicate none, mild, moderate or heavy

Alcohol

Coffee

Smoking, cigarettes or vape

Drugs, including marijuana

Exercise

Sodas and sugary foods

Salt

Water

**Family History:** Indicate who had any of the following:

Alcoholism/Substance Abuse

Anemia

Heart Disease

High Blood Pressure

Arthritis

High Cholesterol

Asthma

Multiple Sclerosis

Osteoporosis

Cancer

Stroke

Diabetes

Thyroid Disease

Epilepsy

**General Health:** Circle any conditions you have had / have:

Alcoholism	Lung disease	Dizziness	Nausea
Arthritis	Lupus	Headaches	Painful Defecation
Anemia	Chronic ear infections	Sinus Infections	Rectal bleeding
Asthma	Deafness	Vertigo	Vomiting
Appendicitis	Double vision	Contacts/glasses	Vomiting blood
Bronchitis	Headaches	Facial weakness	Heart murmur
Cancer	Pleural vision	Limb weakness	Bursitis
Cerebral Palsy	Scoliosis	Stress	Foot trouble
Cold sores	Seizures	Unsteady gait	Muscle weakness
Colitis	Thyroid disease	Loss of balance	Low back pain
Concussion	Ulcers	Abdominal pain	Middle back pain
Kidney disease	Chronic fatigue	Bloody/tarry stool	High back pain
Diabetes	Fainting	Belching	Neck pain
Eczema	Loss of appetite	Chrohns	Sprain/ strain
Epilepsy	Night sweats	Reflux	Fracture
Fibromyalgia	Weight gain/loss	Hernia	IBS
Liver disease	Nervousness	Indigestion	

**Informed Consent Statement:**

I hereby request and consent to their performance of chiropractic adjustments and other chiropractic procedures, including various modes of physical therapy and diagnostic X-rays, on me (or on the patient named below, for whom I am legally responsible) by the doctor named below and or other licensed doctors of chiropractic who now or in the future work at the clinic or office listed below or any other office or clinic. I have had an opportunity to discuss with the doctor named below and or with other office/ clinical personel the nature and purpose of chiropractic adjustments and other procedures. I understand the results are not guaranteed. I understand and am informed that, as in the practice of medicine, in the practice of chiropractic there are some risks to treatment including but not limited to fractures, dislocations, disc injuries, strokes and sprains. I do not expect the doctor to be able to anticipate and explain all risks and complications and I wish to rely upon the doctor to exercise judgment during the course of the procedure which the doctor feels at the time, based upon the facts then known to him or her, is in my best interest. I have read, or have read to me the above consent. I also had an opportunity to ask questions about its content, and by signing below I agree to the above-named procedures. I intend this consent form to cover the entire course of treatment for my present condition and for any future condition(s) for which I seek treatment.

Patient or Parent Signature: \_\_\_\_\_

Doctor Signature: \_\_\_\_\_

Date: \_\_\_\_\_